



SINGLE PERSONS' DIRECTORY

A useful little list of contacts and
telephone numbers for single people

EAST HAMPSHIRE



Partners

www.easthants.gov.uk

EAST HAMPSHIRE DISTRICT COUNCIL

Housing Advisors at East Hampshire District Council are available to give advice relating to any housing problem or enquiry that you may have. You do not need an appointment and you may call into the offices at any time between 9am and 5pm Monday to Friday (except between 2pm and 3pm on Monday when we have a homelessness meeting). Alternatively, you may contact a Housing Advisor on 01730 234345/77/78/94/97. In an emergency you may contact a member of the Housing Needs Team by telephoning the Council's switchboard on the number below.

East Hampshire District Council

Penns Place

Petersfield

Hants GU31 4EX

Telephone: 01730 266551

Fax: 01730 234385

Sue Le Clercq -

Portfolio holder for single people

Housing Advisor

Direct Line: 01730 234397

CAB

The Citizens'Advice Bureau offers free, confidential and impartial advice to all who seek assistance.

Alton CAB

Cross and Pillory Lane

Alton

Hants

Telephone: 01420 84399

In addition to normal opening times, Alton CAB provides a Young People's Service:

Monday 5.30pm - 7.30pm

Thursday 4.30pm - 6.30pm

Bordon CAB

Forest Community Centre

Bordon

Hants

Telephone: 01420 477747

Haslemere CAB

Well Lane House

Well Lane

High Street

Haslemere

Surrey

Telephone: 01428 643413

Petersfield CAB

18 Heath Road

Petersfield

Hants

Telephone: 01730 264887

Waterlooville CAB

9 St George's Walk

Waterlooville

Hants

Telephone: 023 9271 7700

DEPARTMENT OF SOCIAL SERVICES

May be able to offer assistance to people with special needs such as mental health, learning disabilities and physical disabilities.

Alton Social Services

Park House
High Street
Alton
Hants
GU341EN
Telephone: 01420 544255

Petersfield Area Social Services Office

2-4 Tilbrook House
Grenehurst Way
Petersfield
Hants
GU31 4AZ
Telephone: 01730 265462

Havant Social Services

Town End House

PO Box 61

East Street

Havant

Hants

Telephone: 023 9247 1644

Aldershot Social Services

Reception and Assessment Team

Old Town Hall

Grosvenor Road

Aldershot

Hants

GU113DP

Telephone: 01252 314221

DEPARTMENT FOR WORK AND PENSIONS (DWP)

The DWP provides support and advice to people of working age, employers, pensioners, families and children and disabled people.

Roebuck House

Roebuck Close

Cosham

Hants

P06 2TA

Telephone: 023 9230 8000

South Western House

Station Road

Aldershot

Hants

GU111HP

Telephone: 01252 356500

HOUSING BENEFIT

This is a means tested social security benefit administered by local councils. Its purpose is to provide financial assistance towards rent payments.

Telephone: EHDC 01730 266551

COUNCIL TAX BENEFIT

Again, this is a means tested social security benefit administered by local councils, but its purpose is to provide financial assistance towards council tax payments.

Telephone: EHDC 01730 266551

JOBCENTRE PLUS

Jobcentre Plus will be introduced everywhere by 2006. If you live outside areas operating this service, your local Jobcentre or social security office, both of which are part of the Jobcentre Plus network, will be able to help you. If you are looking for work or claiming benefit as unemployed, you should contact your local Jobcentre. For other benefits, including the Social Fund, you should contact your social security office.

Jobcentre Plus

Telephone: 0845 6060 234

HAMPSHIRE COUNTY YOUTH SERVICE

This service offers information, support and activities for 11 to 24 year olds. Youth Workers can offer one to one and small group support to people who are experiencing difficulties. They can also provide a way into other activities, either recreational or developmental. High levels of confidentiality are important to the youth workers, and the safety of young people is a major concern.

East Hampshire District Youth Office

Penns Place

Petersfield

Hants

GU31 4EX

Telephone: 01730 268252

THE STATION

Youth Service for 15-22 year olds, Petersfield

Telephone: 01730 231028

(Service also available in Alton and Bordon)

CONNEXIONS SERVICE

Connexions is for you if you are aged 13-19, living in England and want advice on getting to where you want to be in life. Connexions provides a free information, advice and guidance service, offering help and support with education, careers, housing, health, work, relationships etc.

Telephone: 01256 819576
023 9248 4924

CONNEXIONS DIRECT

Connexions Direct is part of Connexions, providing high quality information, advice and support for young people.

Connexions Direct can be contacted by telephone, advisor on line, e-mail and text.

Telephone: 080 8001 3219
www.connexions-direct.com
Text: 07766 413 219

EDUCATION WELFARE SERVICE

The Education Welfare Service provides support for young people and families who have difficulties coping within the school environment.

Education Welfare Service (South)

Havant Local Education Office

Birch House

Barley Way

Havant

Hants

Telephone: 023 9249 8200

Fax: 023 9244 1417

Education Welfare Service (North)

Fleet Local Office

River Way

Fleet

Hants

Telephone: 01252 812333

Fax: 01252 812363

USEFUL NUMBERS LINKED TO DRUG/ALCOHOL MISUSE

E'S UP

E's Up is for young people under the age of 18 living in the Portsmouth, Fareham and Gosport and Havant and Petersfield areas who are having problems with drugs, alcohol or solvents.

They offer confidential specialist advice and information as well as treatment, such as individual sessions and support, treatment such as substitute prescribing programmes and detoxification.

Telephone: 023 9282 5140

NATIONAL DRUGS HELPLINE

Telephone: 0800 77 66 00

NEXUS (NEEDLE EXCHANGE USER SUPPORT SERVICE)

Telephone: 023 9250 1616

NATIONAL ALCOHOL HELPLINE

Telephone: 0800 917 8282

OPTIONS

Drug and alcohol advisory service

Telephone: 0800184 309

SHELTERLINE

24 hour free housing helpline

Telephone: 0808 800 4444

DOMESTIC VIOLENCE

Stonham Housing Association own and manage a women's refuge and can assist in cases of domestic violence. Stonham can be contacted on 01420 541740.

Alternatively, Lynda Earl, Housing Advisor, holds the portfolio on domestic violence - 01730 234345.

Helpline: 0800 169 1981

VICTIM SUPPORT

Victim Support is the independent charity which helps people cope with the effects of crime. It provides free and confidential support and information to help you deal with your experience.

Victim Supportline: 0845 30 30 900

THE HIDEOUT

The Hideout provides help, information and support for children and young people - whether you are currently living with violence, you've experienced violence in the past, or if you know someone else going through it and you are looking for help and information.

www.thehideout.org.uk

DOMESTIC VIOLENCE HELPLINE

A Freephone 24 hour National Domestic Violence Helpline (run in partnership between Women's aid and Refuge)

Telephone: 080 8200 0247

RAPE CRISISLINE

Telephone: 023 9266 9516

NATIONAL PROBATION SERVICE

Their aims are to protect the public and reduce re-offending.

Havant - Telephone 023 9247 3011

Portsmouth - Telephone 023 9282 9044

Southampton - Telephone 023 8063 5011

Winchester - Telephone 01962 842662

COUNCIL'S COMMUNITY SAFETY CO-ORDINATOR

The Community Safety Officer co-ordinates the partnership work of a number of agencies in the delivery of the East Hampshire Community Safety Plan. The partnership works together to improve the quality of life for people visiting, living in and working in the district by reducing crime, disorder and the fear of crime.

Telephone: 01730 234342

HAMPSHIRE AND IOW POLICE

For all emergencies telephone 999.

For non-emergencies telephone 0845 045 45 45.

GENERAL NUMBERS

OFF THE RECORD

Free counselling service
Telephone: 023 9247 4724

CHILDLINE

Telephone: 0800 1111

NHS DIRECT

Telephone: 0845 4647

MISSING PERSON'S HELPLINE

Telephone: 0800 700740

NSPCC

Telephone: 0808 800 5000

PARENTLINE

Telephone: 080 8800 2222

SAMARITANS

Telephone: 08457 909090

RELATEEN

Relateen offers a service for teenagers to talk to someone about the breakdown in their parents' relationship. For 11-25 year olds.

Telephone: 01256 324364 (Alton or Basingstoke)

Telephone: 01252 324679 (Aldershot)

Telephone: 01962 861336 (Winchester)

SEX SENSE

Telephone: 023 92 866301

VOICES

Telephone: 01420 474863

RAPE CRISISLINE

Telephone: 023 9266 9516

WESSEX YOUTH OFFENDING TEAM

Telephone: 023 9237 0013

PORTSMOUTH YOUTH OFFENDING TEAM

Telephone: 023 9237 0013

EMERGENCY ACCOMMODATION - CANNOT GUARANTEE ACCESS

Winchester Night Shelter

Jewry Street

Winchester

Hants

Telephone: 01962 862 050

Chichester Night Shelter

St Joseph's

Hunston Road

Chichester

West Sussex

Telephone: 01243 537934

Chichester Day Centre

The Old Glass Works

St Cyriac's

Chichester

West Sussex

Telephone: 01243 775925

Fareham and Gosport Night Shelter

2 Kings Road

Fareham

Hants

Telephone: 01329 281995

St Paul's House

87/97 St Paul's Road

Southsea

Hants

Telephone: 023 9282 5673

(For single women aged 16-65 and must have a local connection with Portsmouth)

Harbour Community

Margaret House

Waterworks Road

Farlington

Portsmouth

Hants

Telephone: 023 9237 3330

(For single persons with a history of mental health problems or substance misuse)

Two Saints Assessment Centre

Milton Road

Portsmouth

Hants

Telephone: 023 9287 7074

(aged 18 and over)

Emaus Hostel

8 Arthur Street

Aldershot

Hants

Telephone: 01252 329825

(aged 16-25)

Southampton YMCA

George Williams House

Cranbury Place

Southampton

Hants

Telephone: 023 8022 1202

(aged 16-25)



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single persons directory 0805 RW